



monthly U.P.D.A.T.E.



useful tip • playing • dining • activity • travel • everyday ritual

The shortest month of the year, but boy was she packed with fun. A wedding, Galentines celebrations, a bridal shower, restaurant previews, the Super Bowl & time with friends & family filled this month's calendar & filled my cup. Taking time to slow down & enjoy the fabulous gals in my life was a bright spot this month. I even got the Babe Cave (my senior year college apt) back together for the first time in years 🥰 It seems like the weather may break soon & wow I cannot wait for some spring fun. Bye bye, February!



f r a p s n a p s

WHAT IS THE MONTHLY U.P.D.A.T.E.?

U- Useful Tip: Life hacks I've learned that have already come in handy

P- Playing: Shows or music that have been stuck on play

D- Dining: Restaurants, coffee shops, etc. I visited & loved

A- Activity: Something fun I did that maybe social media didn't see

T- Travel: Recap of where I have been/what I've been planning

E- Everyday Ritual: Something I've been adding to my daily routine

USEFUL TIP As I inch closer & closer to turning 30, it gets harder to gather the girlyies because life happens, ya know? Two of my best friends & I have a group message we chat in all the time, but getting all three of us together can be tough with our work schedules. We saw a reel on the gram about different activities, one for each month. Now we pick out a date a month ahead of time to block off our calendars to hang! This helps us get together at least once a month. January was vision boarding/intention setting, February was Galentines & March's upcoming activity is pasta making! [Here is the link to the video.](#) We will def pivot certain months because we always spend MDW together for a May cookout, but the idea behind this is great!



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PLAYING The hottest & dare I say most addicting new show on streaming services is The Traitors on Peacock. With 3 seasons packed full of reality tv stars competing for a cash prize while trying to banish “the traitors”, this show is wildly entertaining. New episodes come out Thursdays so hurry & catch up on season 3 before Thursday! Watching different personalities from shows like Big Brother, Survivor, The Bachelor & more is HYSTERICAL. I truly can’t get enough.



DINING 4+ years in the making, ya girl finally got to [Pino's in Point Breeze](#) for dinner. I had heard amazing things about their homemade pasta, but never made a point to visit until now. Honestly upset with myself LOL. I am always skeptical about Italian restaurants because growing up Italian, I was used to eating my family's homemade sauce, ravioli & lasagna. I am officially here to say that Pino's absolutely holds up. Their homemade pasta & bolognese was truly incredible. It was so fresh & flavorful. You could tell it was made with love. They



offer an authentic Caesar salad with anchovies & delicious Italian desserts. I know DiAnoia's gets a lot of hype, but personally I liked Pino's better 🍷 Try it yourself & let me know if you agree with my hot take...

TRAVEL February was a month where I had a lot of family activities on weekends so it was a travel-free month. That being said, I did get some travel planning done for my upcoming sister trip to Disney! We are visiting in April so the 60-day window was this month, which means reservations opened up for our visit! We booked a dinner at [Shiki-Sai in Epcot Japan](#), a dinner at [Maria & Enzo's in Disney Springs](#) & a dinner at the [California Grill at the Contemporary Resort](#). Finding spots that had dairy-free & gluten-free options, while fitting in a mix of different cuisines was tough, but between recommendations from friends & TikTok, we did it. See ya soon, Mickey!

ACTIVITY Did someone say, GALENTINES?!

My two favorite holiday celebrations are a MDW cookout & a Galentines party! Over the years, I have hosted several themed Galentines events & this year's celebration “Brunch at Tiffany's” was a HIT! We had mini croissant sandwiches, egg bites, chicken enchilada pinwheels, heart waffles, macarons & other yummy treats. [My reel featuring the bites, decor & mimosa bar is linked here!](#) We had the most adorable custom [wine glasses courtesy of Paint Pop Party](#) that said “Please Return To” & then each guest's name. This was amazing because with 20 gals bebopping around, we were able to keep track of our drinks & it was the perfect party favor! Even if you're in a



relationship I highly recommend hosting a Galentines next February. It's such a fun day with the gies!

EVERYDAY RITUAL It seems simple, but as someone who never used to make their bed growing up, it has been lifechanging making my bed each morning. By taking ~2 minutes to make my bed, lay down my blanket & set up my throw pillows, my life feels more put together. Then when it is officially time for bed, it's like a little nighttime ritual to put my little pillows on the ground next to my dresser & crawl into bed.

